

Growth and Development

STUDENT NAME _____

DEVELOPMENTAL STAGE TODDLER

REVIEW MODULE CHAPTER _____

EXPECTED GROWTH AND DEVELOPMENT

Physical Development

There is increased rapid physical growth between ages 1-2. The growth slows down between ages 2-5 while toddler develops strength and coordination.

Cognitive Development

The baby is developing abilities to think remember and learn at a very quick pace. The baby should be engaged in activities that support this development.

Psychological Development

The baby first forms of communication are via sound and facial expressions. The baby will cry to signal uncomfortable will smile to respond to pleasure.

Age- Appropriate Activities

The activities that are appropriate are the once that encouraging the toddlers movement coordination. Walk together with toddler and play active games.

Health promotion

At this stage the baby constantly require clinical care. The problems involved may include temper tantrums, constipation and toilet training among others.

Immunizations

The common vaccines include whooping cough, tetanus, and rotavirus among others. The schedule recommended by CDC should be followed.

Health Screening

The toddler screening should be constant in which conditions such as tuberculosis, cholesterol and pneumonia are checked and the blood pressure monitored Nutrition.

Nutrition

The toddler needs regular times with realistic portion. Encourage toddlers to eat whole fruits and serve dessert with the whole meal.

Injury Prevention

Toddlers should be prevented from consuming something dangerous. They should be checked constantly while playing in secured zones.